## **Mildred C. Hailey**

## **Community Partners' Resource Guide**



Sponsored by the Mildred Hailey Tenant Organization, Boston Public Health Commission, and Boston Housing Authority-Project REACH Initiative.

Funded by the Centers for Disease Control and Prevention.

Dear Resident:

On behalf of the Mildred Hailey Tenant Organization, we would like to take this opportunity to welcome you to our community. *Our mission is to help preserve and enhance the community we love, to ensure that the interests of the community are considered by state and local governments, and our partners, to safeguard the quality of life we all value.* 

### Who are we?

The Mildred Hailey Tenant Organization is a civic association elected by its residents to represent their best interest. To the best of our ability, we work with families and partners to identify gaps in resources and coordinate to bring those resources to our community and discuss who can best fill these needs.

The Mildred Hailey Community has seen many changes throughout the past several years. We have gone from being privately managed by our Bromley Heath Tenant Management Corporation to being managed by a city agency, the Boston Housing Authority. <u>However, one of the constant models has been partnering with many of our local agencies such as various city departments, health agencies, advocacy agencies, legal agencies, and youth and elderly programs to help strengthen the <u>quality of life for all of our residents.</u></u>

This resource guide has been developed to help you recognize the abundance of resources available to you and your family.

We welcome you to the community and if you need support or have any questions, please feel free to reach out to us at 857-547-1271 or email <u>bromleyheath12@gmail.com</u>. We are always looking for volunteers. If you would like to know more about our tenant organization, please contact us at 857-547-1271.

2

### **MILDRED C. HAILEY DEVELOPMENT HISTORY**

The Mildred C. Hailey Development (formerly Bromley Heath and Bickford) is named after our former long-term Executive Director and Leader Ms. Mildred C. Hailey. Ms. Hailey was a longtime activist who fought for civil and tenants' rights. The Mildred C. Hailey development was built between 1939 and 1942 on the Heath Street side to provide housing for families of naval personnel and later expanded to include Bromley Park (1949-1954) to house low-income elderly and families.

### **EMERGENCY CONTACT NUMBERS**

### **Emergency Contact Numbers**

Boston Police Department	911
Boston Fire Department	911
Boston Ambulance	911
AREA E-13 3347 Washington St Jamaica Plain, MA 02130	617-343-5630 (non-emergencies or urgent)

### **PRIORITY NUMBERS**

WORK ORDERS

617-988-HELP (4357)

MANAGEMENT OFFICE

617-988-5281

30 BICKFORD STREET, JAMAICA PLAIN, MA 02130

### PLEASE CALL THE WORK ORDER LINE FIRST TO REQUEST A REPAIR TO YOUR APARTMENT. PLEASE MAKE SURE TO OBTAIN YOUR WORK ORDER NUMBER FROM THE WORK ORDER OPERATOR.

### TRASH PICK AND RECYCLING PICK UP DATE

The Boston Housing Authority provides free recycling bags as part of our commitment to preserving the environment. We have conveniently located recycling bins next to the dumpsters. Trash and recycling pick up days are Monday, Tuesday, and Wednesday.

### TRANSPORTATION

The Mildred C. Hailey Apartments are fortunate to have the Jackson Square Orange Line station located next to the development. The Orange Line serves Back Bay, Downtown and Forest Hills. The 14, 22, 29, 41, 44 and 48 buses also provide service to and from Jackson Square Station.

### HOW TO USE THIS PARTNER'S RESOURCE GUIDE

This manual contains information about partners that are established within the Mildred C. Hailey Development. Partners are defined as those agencies that provide financial and concrete resources on an **ongoing** basis with professional expertise. These Partnerships promote resident engagement, workforce development, continuing education, and community service.



Mildred Hailey Jazz Art Unity Day Festival.

Sponsored by the Makanda Project and MassArt'

Disclaimer: the Mildred Hailey Tenant Organization (MHT0) maintains the Family Services Resource Guide as a service to families as a reference tool. Every effort is made to ensure listings are up-to-date. MHTO does not endorse or claim to have personal knowledge of the abilities of those listed. The resources listed in this guide are not intended as a recommendation, referral, or endorsement of any resource or as a tool for verifying the credentials, qualifications, or abilities of any organization, product or professional service. Users are urged to use independent judgment and request references when considering any resource associated with diagnosis or treatment of your personal needs, or the provision of services related to your needs.

### **VOTING AND REPRESENTATIVE INFORMATION**

Your city or town clerk is:

BOSTON ELECTION DEPT. ONE CITY HALL SQUARE ROOM 241 BOSTON, MA 02201

Phone: 617-635-3767 Email address: election@boston.gov Fax: 617-635-4483

Website: WWW.CITYOFBOSTON.GOV/ELECTIONS

### **REGISTER TO VOTE AT**

You can register to vote in person at

BOSTON ELECTION DEPT. ONE CITY HALL SQUARE ROOM 241 BOSTON, MA 02201

Phone: 617-635-3767

Or log online at <a href="https://www.sec.state.ma.us/ovr/">https://www.sec.state.ma.us/ovr/</a>

### WHERE DO I VOTE

Polling locations vary depending on what street you live in. You may contact the City of Boston Election Department at 617-635-3767 or log on to <a href="http://www.wheredoivotema.com/bal/myelectioninfo.aspx">http://www.wheredoivotema.com/bal/myelectioninfo.aspx</a>

### WHO ARE MY ELECTED REPRESENTATIVES

To find out who your elected officials are, you can call BOSTON ELECTION DEPT. at 617-635-3767 or log into <u>http://www.wheredoivotema.com/bal/myelectioninfo.aspx</u>

### NEAREST HOSPITALS AND CLINICS MAIN NUMBERS

### Urgent: If you need immediate medical attention please call 911

Beth Israel Deaconess Hospital 330 Brookline Avenue Boston, MA 02215 617-667-7000/ www.bidmc.org

Brigham's and Women's Hospital 75 Francis Street Boston, MA 02215 617-732-5500/ www.brighamandwomens.org Boston Medical Center 1 Medical Center Plaza Boston, MA 02118 617-638-8000/ www.bmc.org

Children's Hospital 300 Longwood Avenue Boston, MA 02215 617-355-7000/ www.childrenshospital.org

Martha Eliot Health Center 75 Bickford Street Jamaica Plain, MA 02130 617-971-2100/ www.childrenshospital.org

Whittier Street Health Center 1290 Tremont Street Roxbury, MA 02120 617-427-1000/ www.wshc.org

Dimock Health Center 55 Dimock Street Roxbury, MA 02119 617-442-8800/ www.dimock.org South End Health Center 1601 Washington Street Boston, MA 02118 617-425-2000/ www.sechc.org

Veterans Affairs Hospital 150 South Huntington Avenue Jamaica Plain, MA 02130 617-232-9500/ www.boston.va.gov

Southern Jamaica Plain Health Center 640 Centre Street Jamaica Plain, MA 02130 617-524-5170/ www.brighamandwomens.org

### **MAYOR'S HEALTH LINE**

The Mayor's Health Line is a free, confidential, multilingual information and referral service. They help and welcome all residents regardless of immigration status. If you or your family needs legal assistance they provide referrals to legal services.

Operating hours are: Monday - Friday from 9 am to 5 pm.

Call or visit! 617-534-5050 / Toll-Free: 1-800-847-0710 1010 Mass Ave Boston, MA 02118 2nd Floor

# HelpSteps.com

# Findsocial services



HelpSteps.com is a free and confidential web-based portal that connects individuals to health and human services available in Massachusetts

- 1,700 in-state agencies
- Personalized search
- View detailed agency Information
- Build agency contact list

- Advanced location search
- Google Map integration
- Find nearby public transportation

### Check out the new HelpSteps mobile app!





Edasilva@bphc.org info@helpsteps.com





## Boston Children's at Martha Eliot Health Center Until every child is well"

Agency Name	Address	Phone	Website		
Boston Children's Hospital at Martha Eliot	75 Bickford Street Jamaica Plain, MA 02130	(617)-971-2100	www.childrenshospital.org/mehc		
Services provided	Pediatric Primary Care Adolescent and Young Adult Primary Care Mental Health Services Optometry Nutrition Newborn Coordination Program Early Intervention and more! Call to find out what other services we provide.				
Hours of operation	Monday, Tuesday, Wednesday, Friday: 8:30 a.m 5:00 p.m. Thursday: 8:30 a.m 7:00 p.m. Saturday: CLOSED Sunday: CLOSED				
Mission	<ul> <li>Provide the highest quality health care</li> <li>Be the leading source of research and discovery</li> <li>Educate the next generation of leaders in child health</li> <li>Enhance the health and well-being of the children and families in our local community</li> </ul>				
Who we are	Our team includes doctors, nurse practitioners, nurses, dietitians and mental health counselors- all of whom specialize in the care of children from birth to young adults. Our multilingual staff is here to help you access pediatric care from the #1 children's hospital in the country- right here in our local community.				
What we do	<ul> <li>Some of our Community Events include: <ul> <li>Annual Martha Eliot Health and Safety Fair</li> <li>Annual School Registration Fair with the Nurtury Learning Lab</li> <li>Summer Camp Registration</li> <li>Monthly family game nights and more!</li> </ul> </li> <li>Other services provided by Martha Eliot that are available to teens and adolescents in the community include how to apply for jobs, colleges, and volunteer opportunities when they make an appointment with our Adolescent Resource Center.</li> </ul>				
Contact us	Phone: (617)-971-2100 Address: 75 Bickford Street Jamaica Plain, MA 02130				

### 964 Collaborative

964 Parker Street, Jamaica Plain, MA 02130

### A place where your needs can be met



### Metro Boston Alive Inc.

MBA focus on at risk youth, and their families. We mentor with court-involved individuals and ex-offenders to empower them to make a positive transition back into their community. We also offer referrals for individuals who may be experiencing drug, alcohol addiction and domestic violence. (All referrals are confidential.) Community service opportunities are available to fulfill court and public assistance program requirements. We can connect you and your children to services and programs (employment, education, and/or counseling, etc.)

Metro Boston has summer programs such as: Fishing and gardening. We also partner with ABCD summer youth job placement program.

The Anna M. Cole Community Center is available for rent to hold: baby showers, birthday parties and events. We also have church services on Sunday in English & Spanish.

Facebook/<u>Metro Boston Alive</u> Hours of Operation: Monday-Friday from 9:30AM-2:30PM

Contact Information: L. Lacey/A. Henry (617) 942-7135



### Pyramid Builders Counseling Service Inc.

JCAHO accredited, licensed mental health clinic that provides homebase and community base psychosocial, therapeutic services. The mission of Pyramid Builders Counseling Services, Inc. is to provide clinically and culturally effective prevention and intervention services to children, adolescents, adults and families at risk. Our goal is to promote social, emotional, economic and behavioral health within families.





### www.pyramidbuilder.org

Hours of Operation: Monday–Thursday from 9AM-7PM & Fridays 9AM-2PM

Contact Information: Dr. Reid (617)-390-5378



### **Ruffin Mobile Educational Services**

Mobile GED tutoring/preparation for youth and adults who wants to obtain High School Equivalency Credentials, this program provides a pathway which can lead to success in college, careers, and the community. We offer affordable non-credit classes in basic social studies, math, science, reading, and writing that meet the testing requirements.



Hours for Trina: Tuesdays ONLY 11AM-1:30PM @ Martha Eliot Mondays, Tuesdays, & Thursdays 11AM-2PM @ ABCD

ContactTrina (857)-236-6903 / trinaruffinfoy@yahoo.comInformation:& Marcia 1 (407)-767-4234





## REAL KIDZ

Is a faith based non-profit charitable organization that dissuades children and youth from becoming involved with the streets and inspires them to dream big! The Realkidz program is year-round at the Mildred C. Hailey Apartments and has a focus on the physical, emotional, spiritual and educational needs of the youth. The Realkidz program includes groups, mentoring, sports, youth job training, homework help, field trips, dinner. The organization inspires the youth to be world changers through service to those homeless people and youth led community outreach projects.

Hours of Operation: By appointment for our office hours

<u>Contact Information:</u> Pastor Allison Cruz (774)488-1105/ acruz@RealKidzoutreach.org



### **Family Exchange Boutique**

"Families Helping Families" Exchange items no longer in use for your family for other donated items (clothes, small household items). Monthly raffles. Collect and redeem your points from UCB & BCW for additional items. Workshops and resources provided for the entire family.

### Hours of Operation: Mondays, Tuesdays, Wednesdays 10AM-3PM Fridays for Donations ONLY

<u>Contact Information:</u> Carol Miranda (617)501-3918 - <u>for an appointment</u> <u>Familyexchangeinc@gmail.com</u>

### **BMI Systems**

Is a non-profit consulting group that provides start up services to nonprofit organizations and community organizations. Our goal is to provide services to young people and adults involved in the criminal justice system, with help on critical issue, legal rights and resource development. No one who is in need of assistance will be turned away from this organization regardless of their needs.

Contact Information: Laurence Jones (857)-249-4502

ljones5119@yahoo.com

## Mildred C. Hailey Partners



Mildred Hailey Partners

Top Left to right: Laura Corporan, Angela Henry, Sergeant John Dougherty Captain Alfredo Andres, and Cecilia Flores.

Bottom Left to right: Marilyn Salgado, Stephanie Rodriguez, Edna Carrasco, Abdulla Hussein, Margaret Noce, Marie Kerins Gould, Federika Garcia, Pastor Allison Cruz and Josefina Osorio

## Public Safety and Community Relations Service Provider

Agency Name	Address	Phone	Email	Website	
Boston Police Dept. – District E-13 Community Service Office	3347 Washington St. Jamaica Plain, 02130	617-343-5623	John.dougherty@pd.boston.gov Antonette.cabral@pd.boston.gov	Bpdnews.com	
Service provided	We serve as the district liaison between the Boston Police Department and all residents, visitors, businesses and government agencies, assist residents and visitors with police and government related issues, build and maintain relationships with crime watches, neighborhood and business groups, outreach to youth and elder community groups."				
Hours of operation	<b>Monday- Friday</b> : 7:30 AM - 11:45 PM				
Mission	The Boston Police Department is dedicated to working in partnership with the community to fight crime, reduce fear and improve the quality of life in our neighborhoods. Our Mission is Community Policing.				
Who we are	We are a team of dedicated police officers and civilians who are committed to improve the quality of life for every resident and business of Boston, especially in the areas of Jamaica Plain and Egleston Square.				
What we do	We represent the Boston Police Dept. at community meetings, events, school functions and other occasions. We assist residents and businesses with any police or government related issues. Perform outreach functions between the Boston Police Dept. and community groups and students. Improve the Quality of Life in our neighborhoods.				
Contact us	· · · · · · · · · · · · · · · · · · ·		d emails. We will answer your call o s and questions are important.	r respond as	

## Multi Service Providers



Boston Police Department Area District E-13 Flashlight Walk

## Action for Boston Community Development

Agency Name	Address	Phone	Email	Website		
ABCD Jamaica Plain APAC and ABCD Citywide Boston Hispanic Center	30 Bickford Street, Jamaica Plain, MA 02130	617-522-4250 617-522-4830	Jenny.sugilio@bostonabcd.org	www.bostonabcd.org		
Service provided	<ul> <li>Immigration services (assistance with passport, citizenship, and green card applications)</li> <li>Food pantry and assistance with food stamp applications</li> <li>Onsite toy distribution during holidays, and clothing referrals for children</li> <li>Open access computer lab</li> <li>Mass health application assistance</li> <li>Fuel assistance and utility advocacy services</li> <li>Tax preparation services</li> <li>YEA! and Summer Works programs for youth ages 13-21 over the summer</li> </ul>					
Hours of operation	Monday: 9:00AM-3:00PM Tuesday to Thursday: 9:00 AM – 5:00 PM Friday: 9:00 AM – 4:30 PM Closed weekends					
Mission		•	er disadvantaged people by provie ve with dignity, and achieve their	-		
Who we are	Since its founding in 1961, ABCD has strived to be the voice and catalyst of empowerment and opportunity, providing hands-on assistance to those in need and responding promptly to emerging issues. Today, our capacity to bring about positive change impacts more than 85,000 low-income Boston-area families every year. ABCD seeks to be constantly innovative and entrepreneurial, while developing new programs to meet changing needs.					
What we do	Through our network of neighborhood centers and hundreds of programs throughout the city, ABCD has the capability to serve diverse populations at every stage of their lives. To accomplish this goal, ABCD has developed a broad spectrum of programs to reach out to people in need and equip them with the skills and self- confidence they need to move forward in their lives.					
Contact us			ca Plain APAC and Citywide Bosto g Phone: 617-522-4250 / 617-522			



Agency Name	Address Phone		Email	Website		
Baraka Community Wellness organization	130 Warren Street, Roxbury, MA	617-514-0633	Barakawellness@gmail.com	Barakawellness.org		
Service provided	<ul> <li>Free health and wellness programming</li> <li>Women's Empowerment Fitness classes and Healthy Moms Healthy Kids program (Zumba, Health Coaching, Cooking Classes, Free Child Play Group)</li> <li>Food Support Program - Food Cares JP</li> <li>Volunteer Opportunities</li> <li>We offer all programming in English and Spanish.</li> </ul>					
Hours of operation	Monday to Friday: 9AM-7:00PM					
Mission	BCW's Mission is to provide wellness solutions for at risk individuals and communities that engage, educate, and empower to close the gap of health disparities and reduce healthcare costs.					
Who we are	Our team is comprised of passionate experts in the field of fitness, nutrition, healthcare, social service, and policy related to making real societal change. We all share a common interest and desire to eliminating health disparities within our communities and are united to making a truly equal society					
What we do	Baraka Community Wellness's sole purpose is to provide sustainable wellness solutions that engage, educate, and empower individuals and communities so that a person's zip code, color or economic status aren't a determinant of health.					
Contact us	Raheem Baraka,	Director 617-51	4-0633			



Agency Name	Address	Phone	Email	Website			
Jamaica Plain Neighborhood Development Corp.	31 Germania St, Jamaica Plain, MA 02130	617-522-2424	info@jpndc.org	www.jpndc.org			
Service provided	<ul><li>Job readi</li><li>Small bus</li><li>Leadersh</li></ul>	<ul> <li>Job readiness training</li> <li>Small business technical assistance</li> </ul>					
Hours of operation	Monday to Frida (open and availa	-	ents and meetings outside of o	ffice hours)			
Mission	adjacent neighbo	orhoods through atives that impro	ent and equal opportunity in Ja affordable housing, organizing ove the lives of low- and moder or all.	g, and economic			
Who we are	JPNDC is a Neighborhood Development Corporation located near the Stony Brook T stop. We have 40 years of experience in the community helping to build and promote the continued growth of people in Jamaica Plain.						
What we do	JPNDC builds and advocates for affordable housing units in Jamaica Plain and the surrounding areas. We a have an economic development department that provides services like small business technical assistance, family childcare, family financial classes, job readiness training and resume help. Our community organizing department works to empower residents in our buildings and provide leadership development trainings to all interested.						
Contact us	Front Desk: (617)522-2424 <u>Community Organizing</u> Samantha Montaño: (617)522-2424 x239 Giovanny Valencia: (617)522-2424 x279 <u>Economic Development</u> Paola Liendo: (617)522-2424 x258						
	Karla Torrez: (61 Carlos Espinoza-	7)522-2424 x240	)				

Agency Name	Address	Phone	Email	Website		
JPC: Tree of	295 Centre Street #31					
Life/Arbol de Vida	Jamaica Plain, MA 02130	617-522-4832	nocemnoce@aol.com			
Service provided	<ul> <li>Caregiver support</li> <li>Parenting workshops</li> <li>Playgroup</li> <li>Senior wellness activities</li> <li>School support</li> <li>Youth Leadership</li> <li>Community Trauma support (see JP Neighborhood Trauma Team listing)</li> </ul>					
Hours of operation	8:30 to 3:30 Mor	nday -Friday				
Mission	Our mission is for residents and service providers to work together as an organization that empowers the residents and engages service providers to promote the health and wellbeing of all Jamaica Plain/Egleston Square residents. We seek to promote a racial just and healthy community through promoting collaboration, Communication and coordination of services and programs.					
Who we are	The JPC: Tree of Life is the Community Connection Coalition for the Dept. of Children and Families, the Neighborhood Health Planning Committee for BPHC, convener of the BPD E-13 Youth/Police Relations Committee, and the co-convener of the Elder Care Network and a core member of the Campus of Care.					
What we do	<ul> <li>Our focus areas are family support, public health and services for older adults.</li> <li>Support groups: <ul> <li>Mothers, Fathers(English/Spanish) and Grandparents (Spanish)</li> <li>Playgroup for caregiver with children 0-4 (English/Spanish)</li> <li>Healthy Families Initiative focused on caregivers w/ children 12 to 17</li> </ul> </li> <li>(English/Spanish) <ul> <li>Families Creating Together (English/Spanish Sign on request)</li> <li>Exercise classes (English/Spanish)</li> <li>Summer Walking group</li> <li>Liaison at Hennigan, JFK, Higgenson Lewis upper grades</li> <li>Curley Middle School Project: violence prevention w mentoring for 6th, 7th &amp; 8th grade boys</li> <li>MCH Community Youth Leadership Institute (Campus of Care)</li> </ul> </li> </ul>					
Contact us	Margaret Noce: Carol Miranda: Wendy Polanco: Ed Pazzanese: Gladys Grullon: Sherman Hart: Bashier Kayou: Alysha Noel:	Spanish Grand Families Creat Senior Exercise School Liaison Community Tr	t Groups/playgroups parent Group ing Together	617-522-4832 617-501-3918 857-258-5318 617-522-4832 617-953-5930 617-522-4832 617-522-4832 617-522-4832 617-919-7214		



Agency Name	Address	Phone	Email	Website		
Real Kidz Boston, Inc	964 Parker St. Jamaica Plain, MA 02130	774-488-1105	realkidzboston@gmail.com	realkidzboston.org		
Service provided	Drug, alcohol, bullying, and gang prevention; faith-based program for children & youth including mentoring, sports, educational support, field trips, youth job training, homework assistance; Projects to benefit the homeless and children on the streets; Intervention services for at-risk youth; Emergency food & clothing assistance; Referrals; Enrolled & Drop-in's.					
Hours of operation	Real Kidz Progra	m Hours: by app	ointment for our office hours			
Mission	Our mission is to prevent inner-city children and youth from becoming involved with the streets and inspire them to dream big. We put hope into action.					
Who we are	Real Kidz Boston is a faith-based, non-profit charitable organization founded to prevent inner-city children and youth from becoming involved with the streets and inspire them to dream big. We focus on the physical, emotional, spiritual, and educational and socials needs of the children and youth.					
What we do	The Real Kidz Program at Mildred Hailey is neighborhood based and operates year- round. It is open to children and youth ages 7-17 and open to those enrolled and drop-ins.					
Contact us	Real Kidz Office (	(617)870-8475, (	774)488-1105			



# Early Care, Education and Youth Support

Agency Name	Address	Phone	Email	Website	
Jamaica Plain Head Start	315 Centre St (Rear) Jamaica Plain, 02130	617-522- 5533	Jamie.buskey@bostonabcd.org	Bostonheadstart.org	
Service provided			ges 2 months to 2.9 years old. dren 2.9 to 5 years old.		
Hours of operation	Monday to Frida	y: Extended I	Program: 8:30a.m. – 1:30p.m. Day Program: 7:30a.m. – 5:30p.m. Start Program: 8:30a.m. – 2:30p.		
Mission	ABCD Head Start & Children's Services, a family development program that is committed to providing opportunities and services to the diverse low-income children and families of Boston and the Malden/Everett area to support them with school readiness, self-sufficiency and success in life.				
Who we are	ABCD Head Start Preschools are family development centers that provide opportunities and services to the whole family and all the aspects important to early childhood developments. Our programs serve children from birth to five years of age. Our goal is to work with the family to insure each child is ready to transition into the next educational setting.				
What we do	<ul> <li>Unlike traditional child care and other early education programs, Head Start focuses on preparing children for school, working to develop each child's social and learning skills through: <ul> <li>High Quality Education</li> <li>Individualized Curriculum</li> <li>Family Case Management</li> <li>Disability Services and Support</li> <li>Mental Health Services for Children and Families</li> <li>Meal Plans</li> <li>Health Screenings (Including Dental, Vision, and Hearing)</li> </ul> </li> </ul>				
Contact us	Jo Ann Diaz, Enro	ogram Direct Ilment Specia	or: Jamie.buskey@bostonabcd.org alist: Joann.diaz@bostonabcd.org Katherine.carlson@bostonabcd.or		





## Big Sister Association of Greater Boston

Agency Name	Address	Phone	Email	Website		
Big Sister Association of Greater Boston	20 Park Plaza, Suite 1420	617-236- 8060	bigsister@bigsister.org	www.bigsister.org		
Service provided	ages of 7-15 at en enrichment servi development. Our staff lead gro	Big Sister Boston provides one-to-one mentoring programs for girls between the ages of 7-15 at enrollment. Girls enrolled in our programs are offered additional enrichment services that are tailored to their specific ages and stages of development. Our staff lead group programs for girls-only which address topics ranging from fostering healthy relationships to identity and how it is portrayed in the media.				
Hours of operation	Office hours are	Monday – Fri	day 9am-5pm			
Mission			ower to succeed through positive I enrichment programs that suppo	-		
Who we are	We are a community of dedicated leaders, ambassadors, and advocates focused on the unique needs of girls. Big Sister Boston is one of three Big Brothers Big Sisters of America affiliates in the city, and is the <u>only</u> one in the country solely serving women and girls. Research shows that when girls' unique needs are addressed, they thrive with increased confidence, academic achievement, improved interpersonal relationships, and the ability to make healthy decisions.					
What we do	Big Sister Boston is immersed in the diverse communities we serve through a variety of programming. From the traditional model of one-to-one mentoring relationships to enrichment programs focused on career awareness, safety, wellness, and healthy decision-making, we are meeting the unique social and emotional needs of girls between the ages of 7-20.					
Contact us	-		g Sister, please call our Recruitme lease call our office: 617-236-806			



Agency Name	Address	Phone	Email	Website		
Big Brothers Big Sisters of Massachusetts Bay	75 Federal Street, 8 <sup>th</sup> Floor, Boston, MA 02110	(617) 542- 9090		www.bbbsmb.org		
Service provided	Community Based program Free program for families Child meets with their mentor, twice a month, for about 2-4 hours doing free or low-cost activities out in the community Family is paired with a Match Support specialist who provides support throughout the life of the match					
Hours of operation	Monday-Friday, 9	9-5pm.				
Mission	The mission of Big Brothers Big Sisters of Massachusetts Bay is to partner with under-resourced families to provide their children with transformational, one-to- one professionally-supported relationships with caring adult mentors, so that their children will thrive.					
Who we are	Mentoring organization providing 1 to 1 mentoring to children ages 7-12 in the Greater Boston area.					
What we do	Our vision is to inspire, engage and transform the communities of Mass Bay by helping youth achieve their full potential, contributing to healthier families, better schools, brighter futures and stronger communities.					
Contact us	Jenny Bautista, C 0205	community El	ngagement and Recruitment Coo	rdinator, 617-956-		



### BOYS & GIRLS CLUBS OF BOSTON

OF BOSTON						
Agency Name	Address	Phone	Email	Website		
YouthConnect	115 Warren St. Roxbury, MA 02119	617-427- 0957	youthconnect@bgcb.org	www.bgcb.org/youthconnect		
Service provided	<ul> <li>Clinical Social workers develop and provide appropriate intervention and treatment strategies including: <ul> <li>Intake with Psychosocial assessment</li> <li>Referrals to community based agencies</li> <li>Clinical case management</li> <li>Individual and family therapy</li> <li>Parental guidance and support.</li> <li>Educational and legal advocacy</li> </ul> </li> <li>All services are trauma-informed and culturally competent. Additionally, services are</li> </ul>					
Hours of operation	Monday to Frid	• •		th insurance is not necessary).		
Mission	YouthConnect's aim is for young people to exhibit fewer high-risk factors, take ownership of their decisions, engage with key community resources, be better equipped to make positive life choices, and be on track to a more hopeful future.					
Who we are	YouthConnect is an innovative program of the Boys & Girls Clubs of Boston, in partnership with the Boston Police Department. We place licensed clinical social workers inside police stations that see high rates of youth arrests, providing on-site, in- home, and community-based counseling services. Since YouthConnect's inception in 1996, we have served more than 13,000 of the city's most at-risk youth and families.					
What we do	<ul> <li>Using our four-tier service model that includes therapy services, clinical case management and resource coordination, YouthConnect's key objectives are to: <ul> <li>Provide trauma-informed mental health and advocacy services to referred youth and families.</li> <li>Conduct safety planning with youth regarding victimization, perpetration, and retaliation.</li> <li>Build additional supports for young people to ensure a safety net of caring professional adults.</li> <li>Enhance family stability and supports.</li> <li>Coordinate services for families between varied social service agencies &amp; juvenile justice providers to ensure that roles &amp; responsibilities are clear, minimize duplication, make appropriate treatment strategies, &amp; maintain cultural competency.</li> <li>Reduce high-risk behaviors that are associated with arrest and incarceration.</li> </ul> </li> </ul>					
Contact us	Denise K	asrawi, Clin	tive Director, 617-427-1068 ical Director, 617-541-1894 perations, 617-516-5402			

# Mental Health Service Providers

Agency Name	Address	Phone	Email	Website	
Jamaica Plain Neighborhood Trauma Team	41 Avenue Louis Pasteur Boston, MA 02115	617-835- 9222 (Jenny) 617-877- 3174 (Bashier)	<u>Jvaldez2@partners.org</u> (Jenny) <u>Bashier.kayou@yahoo.com</u> (Bashier)		
Service provided	Offer a continuum of individual and community response and recovery services that attend to the immediate (0-72 hours), short-term (up to 1 month) and long- term (1 month +) needs of residents impacted by violence and trauma.				
Hours of operation	On call 24 hours				
Mission	JP Trauma Team will establish methods to engage the broader community impacted by an event both in the immediate aftermath of the event and afterwards. These community support activities will create a visible community presence to ensure that residents feel connected and informed, ensure widespread dissemination of basic information about the signs and impact of trauma, and make residents aware of the availability of ongoing services to address trauma within the community.				
Who we are	Jamaica Plain Trauma Team is partnered with four agencies, Brigham and Women's Hospital, Tree of Life, Southern JP Health Center, Brookside. Jenny Valdez- main contact person.				
What we do	<ol> <li>Immediate in-home or community-based services for survivors of violence and their immediate family members and friends;</li> <li>Prompt planning and implementation of efforts to meet community needs for healing, information, and input into response to violent incidents;</li> <li>Connection between residents and availability of behavioral health and related supportive services as needed.</li> </ol>				
Contact us	Jenny Valdez – Family Advocate 617-835-9222 Bashier Kayou- Community Partner 617-877-3174				





Agency Name	Address	Phone	Email	Website	
Nurtury Learning Lab	33 Bickford Street	617- 477- 3115	Michele Whalen mwhalen@nurturyboston.org	Nurturyboston.org	
Service provided	Since our beginning in 1878, we've continuously evolved to meet the needs of the families and communities we serve. We strive to grow every day and believe that when you nurture a child, you nurture a community. We work with several of Boston's non-profit service providers to meet the needs of families.				
Hours of operation	Monday to Fri	iday: 8 hou	rs of care between 7:30am-5:30	pm	
Mission	Nurtury gives Greater Boston's youngest children in need, from birth to age five, the opportunity to reach their full potential by investing in school readiness, promoting healthy development and strengthening families.				
Who we are	For over 130 years, Nurtury has strived to provide the highest quality early care and education programs for the communities of Greater Boston. Formerly known as Associated Early Care and Education, Nurtury gives the youngest children in need, from birth through age five, the opportunity to reach their full potential by investing in school readiness, promoting healthy development, and strengthening families.				
What we do	WE DELIVER a comprehensive range of services that nurture 1,200 plus children every day as well as support their families and communities. WE ENGAGE and involve parents in nurturing effective ways to improve their child's school-readiness and promote family stability. WE PARTNER with parents, neighborhood leaders, community-based organizations and non-profits, service providers, public schools, health care and higher education institutions and many others.				
Contact us	Nurtury Learning Lab 33 Bickford Street Jamaica Plain, MA 02130 (617) 477-3115				

Agency Name	Address	Phone	Email	Website		
Pyramid Builders Counseling Service Inc.	964 Parker Street Jamaica Plain, MA 02130	617-390-5378	<u>info@pyramidbuilders.org</u>	www.pbacs.org		
Service provided	In-Home Therapy (IHT), Outpatient Therapy, Couples Therapy, Community Support Program (CSP), Parenting Groups, Anger Management Groups, Therapeutic Mentoring (TM), Substance Abuse Counseling, Home-Based Family Therapy, Latency Age/Adolescent Stabilization (DCF Funded)					
Hours of operation	Monday – Th Friday :9AM -	<b>ursday</b> : 9AM – 7 - 5PM	PM			
Mission	Pyramid Builders Counseling Services mission is to provide clinically and culturally effective mental health prevention and intervention services to children, adolescents, adults and families at risk.					
Who we are	A joint commission accredited health care organization					
What we do	Clinical Services, Workshops & Clinical Training					
Contact us	Pyramid Builders Counseling 964 Parker Street Jamaica Plain, MA 02130 617-390-5378 <u>Referral Methods/Sources:</u> Families and individuals are typically referred for our services via self-referral or by acute clinical teams, school systems, court systems, health care providers, multi-service agencies, The Department of Children and Families (formerly DSS), The Department of Children and Families (formerly DSS), The Department of Youth Services (DYS) and other state agencies. Please call the individual office locations to make a referral.					

## Education Service Provider

Agency Name	Address	Phone	Email	Website		
Ruffin Mobile Educational Services	964 Parker Street Jamaica Plain, 02130	857-236-6903	Truffinfoy@gmail.com Trinaruffinfoy@yahoo.com	N/A		
Service provided	Education on acquiring HI-SET diploma (formerly known as the General Equivalent Degree (GED)).					
Hours of operation	Monday through Thursday 11:00am until 3:00pm					
Mission	To assist public housing and low-income residents pursue higher education by • Obtaining jobs or job promotions • Achieving personal goals					
Who we are	We are a non-profit organization who have worked with public housing and low- income residents for over the past few years.					
What we do	Tutoring on basic skills such as math, reading and science Prepare individual for the HI-SET/GED courses					
Contact us	Marcia Brewer at 470-767-4234 Trina Ruffin at 857-236-6903					



## Clothing and Household Items Service Provider

Agency Name	Address	Phone	Email	Website	
The Family Exchange Boutique	964 Parker Street (1st Floor) Jamaica Plain, MA 02130	617- 501- 3918	familyexchangeinc@gmail.com	www.facebook.com/ familyxchangeboutique	
Service provided	<ul> <li>Free clothing for entire family in all sizes</li> <li>Free small household items</li> <li>Volunteer opportunities</li> <li>Community Service Hours</li> </ul>				
Hours of operation	Open 10am-3pm N Available for emer	-	Friday with some weekends and he 24/7	olidays	
Mission	Our Mission is to provide families with zero to low income, free resources and countless opportunities to help themselves while helping others. Families have the opportunity to exchange their children's outgrown clothes for items that are age appropriate, including toys, books and small accessories. Men and women are also provided an opportunity to exchange items such as business attire for job interviews and court appearances. Educational workshops and family support services are provided to assist the families in reaching their full potential while addressing their multiple, complex needs.				
Who we are	The Family Exchange is a non-profit agency accepting and providing free, clean, gently used clothing, baby furniture and small household items. Residents from the community as well as community partners assist when available in the following areas: sorting, folding, sizing, organizing, and laundering clothes. We encourage families to recycle their clothes in an effort to keep our community safe for the environment.				
What we do	The Family Exchange provides immediate assistance to all families who are facing financial hardship and in need of clothing for their family. We have a huge selection of seasonal items all year round. Additional items are available as donations come in or by request. Family support services available to all families as needed. Volunteers are always appreciated. We are a Community Service site for those seeking community service hours.				
Contact us	Carol Miranda, Founder and President 617-501-3918				



## Small Business Start-up Assistance

Agency Name	Address	Phone	Email	Website		
BMI Systems Inc	964 Parker Street Jamaica Plain, MA 02310	857- 249- 4502	ljones5119@yahoo.com	N/A		
Service provided	Organizational Development, Small Project Consulting, Program Development and implementation, group counseling, and job counseling. Financial Literacy classes and entrepreneur training.					
Hours of operation	Mon, Weds, Thurs,	Mon, Weds, Thurs, and Friday 2:00 pm – 6:00 pm				
Mission	To provide programming services to individuals interested in the development of small businesses, non-profit fundraising, securing donations, and providing jobs through training and technical support.					
Who we are	Volunteer Director, private nonprofit agency, utilizing skills and techniques to encourage system independence.					
What we do	Counseling services, consulting services, training services, and advocacy services.					
Contact us	BMI Systems 964 Parker Street Jamaica Plain, MA 02130 857-249-4502 <u>Referral Method/Sources:</u> Referral can be made through partner agencies or you can call directly the numbers provided.					



## Faith Base Service Provider

Agency Name	Address	Phone	Email	Website		
Pabellon De La Fe, Inc	3134 Washington St Boston MA, 02119	857-361-8419	info@pabellondelafe.org	www.pabellondelafe.org		
Service provided	• Posit	based services ive and safe soci donations and e	al groups vents for the community			
Hours of operation	Via phone 7 days a week. 9-5pm Open Wednesdays 7:30 pm - 9pm Open Sundays 10:00 am - 1:00 pm					
Mission	Our mission is to establish a community center in which we can serve as an outlet, resource, and a safe haven for many. A community church centered on bringing peace, hope and most important restoring Christ to individuals and families.					
Who we are	Pabellon De La Fe is a non-denominational church in Roxbury, centered on the community, families, and individuals. We believe through Christ lives can be transformed with faith, love, and peace.					
What we do	Sunday School, Worship Service, Bibles Study, Home Groups, Community groups such as spiritual formation, teen cafe.					
Contact us	Main Phone					

Reople Helping People



## Housing & Community Development/Home Buyer Assistance





Agency Name	Address	Phone	Email	Website		
Urban Edge	1542 Columbus Ave., Roxbury, MA 02119	(617) 989- 9300	questions@urbanedge.org	www.urbanedge.org		
Service provided	First time home buyer classes Credit counseling Benefit screenings Student loan counseling					
Hours of operation	9am-5pm					
Mission	Urban Edge is dedicated to strengthening communities and families. Together, we build affordable housing and vibrant, prosperous neighborhoods.					
Who we are	Urban Edge is a community development corporation (CDC) with a mission to help develop and sustain stable, healthy and diverse communities in Roxbury, Jamaica Plain, and surrounding neighborhoods.					
What we do	UE builds high quality, affordable housing for low and moderate-income households, along with retail and community facilities for businesses and organizations. We provide homeowner services, financial education, tax assistance and student loan counseling. We also focus on leadership development, youth employment, and civic engagement initiatives. We work to create conditions in which residents can thrive, and help empower them to shape their community's future. Our ultimate goal is to foster diverse urban neighborhoods of choice populated by resilient families and sustained by dynamic webs of community relationships.					
Contact us	Robert Torres, Director of Community Engagement (617) 989-9307 Alia Abubakar, Associate Director of Community Engagement (617) 989-9324 Marilyn Salgado, Community Engagement Manager (617) 989-9335					

### **EMERGENCY FOOD ACCESS**



### ABCD-Food Pantry

- Mondays-9:00am-3:00pm/ Tuesdays to Thursdays 9:00am-5:00pm/ Fridays-9:00am-4:30am/ Closed on Weekends
- 30 Bickford Street (rear side entrance)
- Contact Ivana Serret at 617-522-4250



### REALKIDZ

- On call
- 964 Parker Street
- Contact Realkidz office at
- 617-870-8475/or 774-448-1105

### **FOOD RESOURCES**

### **FOOD PANTRIES**

- ABCD/Jamaica Plain | 30 Bickford St, Jamaica Plain, MA 02130 617) 522-4830
- Community Servings | 18 Marbury Terrace, Jamaica Plain, MA 02130 (617) 522-7777
- St. Vincent De Paul/ Our Lady of Lourdes | 54 Brookside Ave, Jamaica Plain, MA 02130 (617) 524-0240
- First Baptist Church | 633 Centre St, Jamaica Plain, MA 02130 (617) 524-3992

### MEALS SITES

- Pine Street Inn Shattuck Shelter -Lemuel Shattuck Hospital 170 Morton St, Jamaica Plain, MA 02130
- Community Servings, Inc.
   18 Marbury Terrace, Jamaica Plain, MA 02130

### FARMERS MARKETS ACCEPTING SNAP/HIP

- Egleston Farmers Market | 29-31 Germania St, Jamaic1a Plain, MA 02130 May 6 - Feb 17 on Saturdays from 10AM – 2PM,
- Jamaica Plain Farmers Market 667 Center St, Jamaica Plain, MA 02130
   May 5 Nov 25 on Tuesdays from 12PM 5PM & Saturdays from 12PM 3PM

### SENIOR DINING SITES

- Ethos Jamaica Plain at Back of the Hill | 100 South Huntington Ave, Jamaica Plain, MA 02130
- Ethos Jamaica Plain at Out4Supper | 301 South Huntington Ave, Jamaica Plain, MA 02130
- Ethos Jamaica Plain at Julia Martin House | 90 Bickford St, Boston, MA 02130
- Ethos Jamaica Plain at Amory St | 125 Amory St, Boston, MA 02119
- Ethos Jamaica Plain at Nate Smith House | 155 Lamartine St, Boston, MA 02130
- Ethos Jamaica Plain at CrossRds Café | 633 Centre St, Boston, MA 02130
- Ethos Jamaica Plain, Farnsworth | 90 South St, Jamaica Plain, MA 02130
- Ethos Jamaica Plain at Woodbourne | 6 Southbourne Rd, Boston, MA 02130

#### **AFFORDABLE FRUIT & VEGETABLE SOURCES**

- Fair Foods at Martha Elliot Health Ctr. | 75 Bickford St, Jamaica Plain, MA 02119 Every Other Friday from 12PM – 1PM
- Fair Foods at Amory St. Building | 125 Amory St, Jamaica Plain, MA 02119 2nd and 4th Thursday of the month from 3PM 4PM
- Fair Foods at Brookside Health Ctr. | 3297 Washington St, Jamaica Plain, MA 02130 4th Thursday of the month from 12PM 1PM
- Fresh Truck at South St. BHA | 125 South St, Jamaica Plain, MA 02130 Tuesdays from 4PM – 7PM

### PROJECT BREAD FOODSOURCE HOTLINE

1-800-645-8333 | TTY 1-800-377-1292 Monday – Friday from 8AM – 7PM Saturdays from 10AM – 2PM

#### HELPSTEPS.COM

The Mayor's Health Line (617) 534-5050 | Toll-Free: 1-800-847-0710

1010 Mass Ave Boston, MA 02118 2nd Floor

Monday – Friday from 9AM – 5PM

### **EMERGENCY CLOTHING ACCESS**



### FAMILY EXCHANGE BOUTIQUE

- Monday, Tuesdays, Wednesday and on call
- 964 Parker Street
- Contact Carol Miranda at 617-501-3918

### **EMERGENCY TRAUMA COUNSELING**



## JAMAICA PLAIN TRAUMA TEAM

- ON CALL
- JENNY VALEDEZ AT 617-835-9222
- BASHIER KAYOU-AT 617-877-3174

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### **BOSTON HOUSING POLICIES**

### **BHA POLICY ON SUGAR-SWEETENED BEVERAGES**

The BHA has a long history of supporting resident health initiatives and promoting resident health. In recognition that Sugar-Sweetened Beverages (SSBs) can contribute to obesity, tooth decay, heart disease, diabetes and other health issues, it is the BHA's policy not to purchase SSBs when providing beverages for resident meetings or events. In addition, it is the BHA's policy to provide water as the primary beverage at these forums.

Sugar-sweetened beverages (SSB) are drinks with added sugar including: non-diet soft drinks/sodas, flavored juice drinks, sports drinks, and energy drinks. This policy does not refer to coffee, tea, or natural juices.

### **NO SMOKING POLICY**

Smoke-free housing means that no one is permitted to smoke anywhere inside the apartment building or outside within <u>25</u> feet of the buildings. The non-smoking policy applies to every member of the household, as well as all visitors. This policy does not mean that residents who smoke cannot reside in the housing properties – they just cannot smoke in non-smoking designated areas.

Violating the policy by smoking in non-designated areas is a lease violation and could result in eviction or a fine. While quitting smoking can be difficult, there are resources available to help. If this is something you are interested in, see your management office regarding available services to help you quit.

### **REPORTING A SMOKING VIOLATION**

It is important that if you see someone violating the Smoke-Free Policy, that you report them to the BHA in order for us to assure that everyone is complying with the Smoke-Free Policy which is a part of their lease with BHA.



### SEND US AN EMAIL AT <u>SMOKEFREE1@BOSTONHOUSING.ORG</u> OR CALL US AT THE NON-SMOKING FREE VIOLATION LINE AT 617-988-5061

Your email or call report will be entered into our database and forwarded to your manager.



**Boston Housing Authority's Mission** 

Our mission is to provide stable, quality affordable housing for low and moderate-income persons; to deliver these services with integrity and mutual accountability; and to create <u>healthy</u> living environments which serve as catalysts for the transformation from dependency to economic self-sufficiency.